



# الأكاديمية الهندية، دبي

## The Indian Academy, Dubai

**Policy No: TIA 2.1**

### **Policy for Swimming Programme of TIA**

**Introduced** : June 2014  
**Revised** March 2015

**Implemented by** : SMT

**NEED:** The focus of swimming is on building self-esteem, confidence, responsibility and other characteristics that will help students become productive learners, rather than strictly on academics.

The aquatics program at TIA is designed to allow students to gain confidence in and around water, and to improve and advance their own skill level. Because weather conditions are conducive to almost year-round swimming in Dubai, we believe safe water habits and adequate swimming proficiency are essential components of the physical education program.

#### **PROCEDURE:**

On swimming days, the child should wear a swimsuit to school under clothing, which is simple to remove and put back on, e.g. no buttons or belts. A change of underwear should be brought in a plastic bag.

If the child is too ill to swim, he/she should remain out of pool and a note has to be sent to excuse the pupil from swimming. If a student becomes ill during the day they will be sent to the nurse for a written note to excuse them from swimming class.

All children have equal access to the Swimming Curriculum regardless of race, gender, creed or ability, in line with the school's policies on Special Education Needs.

If for any reason it is not possible to provide swimming for a child then alternative, appropriate activities will be provided.

#### **Adhere to health and safety requirements.**

Ensure children know the procedure for start/end of lesson, their grouping and assigned area of pool and teacher.

Give plans to the accompanying teacher so that they know the work to be covered.  
Have all equipments ready and in the correct place in the teaching area.  
Make sure all children and teachers know safety drills.  
Make best use of available space using dividing ropes where appropriate.

Children should always enter and leave the swimming pool area under supervision and be counted into and out of the swimming pool area.

**To encourage good behaviour in the changing rooms.**

This will not only ensure the safety and well being of pupils but will also help to set the tone of the lesson.

For the safety of the individual and the group, no jewellery of any kind is to be worn in the water.

Remind the children to attend to their personal and toilet requirements and to be clean before entering the pool.

Children should be familiar with routine procedure when entering the pool area – for example, they should know exactly where to stand, sit or line up.

No child should be allowed to enter the pool area or water until told to do so. Staff will be expected to promote positive behaviour management at all times.

Appropriate provision will need to be made to support pupils in water where their needs indicate. The instructor and teacher will need to adopt a position on the poolside such that all pupils in her or his care are constantly visible.

The safety and supervision of children is paramount when in or around water.