

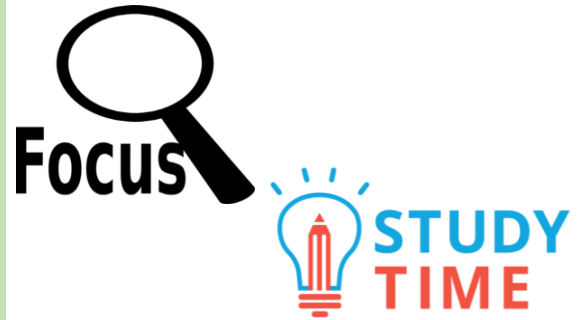
February 16, 2017

Dear Children,

Geniuses are not born but made through hard work! So work your brain up like a muscle to feel and enjoy its strength.

Then here are some tips to get you through the pre-exam days peacefully and productively:

- Have a positive attitude- believe YOU CAN do it!
- Plan your study hours and stick to it- be realistic. No one can study for 3-4 hours. Take short 10 min breaks after every half an hour of focused study.
- Know your learning style is and how you can learn best- use the tips provided for you in your student diary.
- Read, question; repeat, draw, write notes- it helps in understanding. Older kids can look up the SQ3R technique for help.
- Use mind maps and GOs to summarize extensive material.
- Write spellings/ formulae down to remember : explain what you learnt to your teddy- your sibling may not like being taught your portions.
- Eat healthy and sleep snugly- nothing like good sleep to refresh the mind and body.
- Drink plenty of water and practice breathing: the brain needs plenty of oxygen.

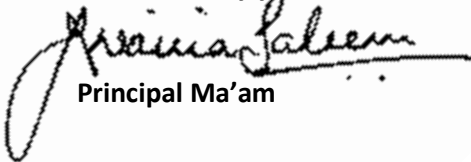


On the day exam:

- Be relaxed.
- Feel good.
- Read paper well, set time and use ALL of it well to answer. Plan time to edit. Remember: There are NO EXTRA marks for finishing first in the exam hall!!
- Do easy questions first: come back to tackle the difficult ones.
- Write beautifully: all humans love beauty- even in letters.

Happy Studying!!

Affectionately yours,



Principal Ma'am

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